

## New OB Note

Date:

Time:

S:

Dating info: This is a \_\_\_ year-old, G\_\_\_, P\_\_\_, (race) female here for a new OB evaluation. Her (certain/uncertain) LMP was \_\_\_/\_\_\_/\_\_\_. She (was/wasn't) using any hormonal contraception. She (has/hasn't) had any bleeding since her LMP. Positive hCG on \_\_\_/\_\_\_/\_\_\_. She had an U/S on \_\_\_/\_\_\_/\_\_\_ which showed a viable IUP at \_\_\_ weeks \_\_\_ days.

### Past Pregnancy info:

Ex: She had 2 full term NSVDs with no problems.

Ex: She had a C/S with her first due to failure to descend after pushing for 3 hours. Her second was a scheduled repeat C/S.

Ex: Her last pregnancy had PPRM at 32 weeks with the infant delivered vaginally. Infant was in the hospital for 3 weeks.

### Significant Medical or Social problems:

Ex: she denies any medical problems.

Ex: She has had DM-II for 5 years and is on \_\_\_ meds and doesn't check sugars regularly.

Ex: She smokes 1 ppd, finished a meth rehab program 3 months ago, and has been clean since. Is willing to take a drug test.

O: See green sheets

Fundus: \_\_\_ finger breadths (above pubic symphysis, below umbilicus)

Uterus: \_\_\_ week size on bimanual

FHTs: give rate or state absent

Include an U/S info or any abnormal labs from this visit.

Ex: Uterus 2 FB below umbilicus, FHTs 155.

Ex: Uterus 8 week size on bimanual & no FHTs by Doppler. Office U/S showed viable IUP @ 7 weeks 2 days.

A: state best estimate of GA and identify all of the risk factors

Ex: IUP @ 7 weeks gestation by U/S

Ex: IUP approximately 10-12 weeks by size.

Risks: AMA, prior C/S, smoker

P: Document plan for all risk factors

1. The patient was made aware of her increased risk of chromosomal abnormalities in her infant including Down's syndrome based on her age. Her risk is 1/200 (if age 35) or 1/50 (if age 40). She was offered Quad screen, level II U/S and genetic amniocentesis. The risks and benefits of these were explained to her. She chose to have \_\_\_\_\_. The genetic amniocentesis will be scheduled after her next visit.
2. The patient was made aware that we do not do VBAC's at this institution and it was recommended she have a RC/S. Will schedule that for 39 weeks.
3. She was encouraged to quit smoking and was given smoking cessation information. At this point she is not interested in quitting.
4. U/S was scheduled for \_\_\_/\_\_\_/\_\_\_ to confirm dates.
5. Return in 4 weeks.

Recorder: Medical Student, M3